

PREPARATION FOR CHILDBIRTH:

For your convenience ONE DAY childbirth classes are offered at this office by a Certified Childbirth Instructor (CCI). This instructor is a Registered Nurse (RN) with extensive Labor & Delivery experience.

- These classes are available twice a month on a Saturday.
- Classes are held from 9:00am to 1:30pm.

Lamaze breathing techniques are included in these classes. This class is comparable to a three day series of classes. It would be best to register for these classes in the seventh month of your pregnancy. However, cancellations are possible, so don't hesitate to call and register at anytime.

Call To Register:

- Joann Corrao RCN MSN CCE (631) 543-3325
- Michelle Pagano RCN CCE (516) 414-0023

Best wishes for a happy and healthy pregnancy!!