



Follow-Up Appointment Questionnaire

The single most important criteria for effective case management is a comprehensive and detailed health history. Please answer the following questions with as much detail as possible. It is important for me to know everything about you and your case. Even when you feel the questions may not be directly relevant to your situation, please do your best to answer them. It takes tremendous time and energy for any healthcare provider to manage a complicated case. My practice is limited to a small number of patients and therefore the case review process is very important. Instructions: Please type answers to the following questions with as much detail as possible. Please answer each question independently.

List any prescription medications you are currently taking (including strength and frequency):

List any supplements or homeopathic remedies you are currently using (including strength?and frequency):

Rate your overall health on a scale of 1-10:

Very Poor

I feel great!

1 2 3 4 5 6 7 8 9 10



Since your last appointment, do you feel your overall health is:

Worse		The Same		Better
1	2	3	4	5

Since your last appointment, do you feel your cognitive functioning?(memory, multitasking, etc.) is:

Worse		The Same		Better
1	2	3	4	5

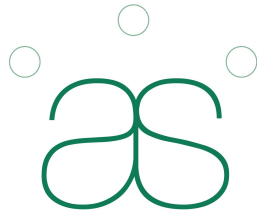
Since your last appointment, do you feel your pain is:

Worse		The Same		Better	N/A
1	2	3	4	5	(Does not apply)

Since your last appointment, do you feel your energy is:

Worse		The Same		Better
1	2	3	4	5

Significant updates since your last appointment:



Anita Sadaty, MD

The top three current health issues you want to discuss during your upcoming appointment:

If time allows during your upcoming appointment, you would also like to discuss:

List any prescriptions and supplements for which you need refills: